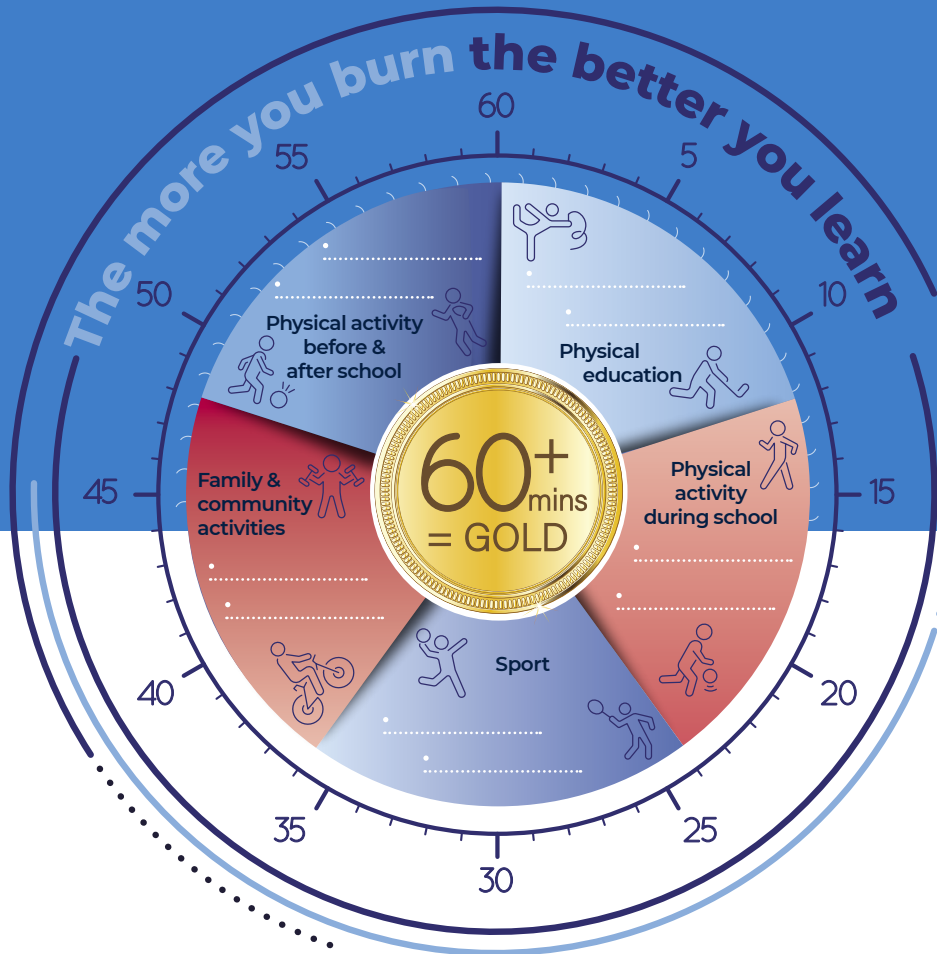


Physical activity stopwatch

Write activities that you take part in throughout the day on the stopwatch sections.



WHEN and WHERE in my week could I do MORE physical activity?

NSW PSC 2021 10 WEEK CHALLENGE

Years 3-6 logbook



Student Name

Team Name

Teacher Name



<https://app.education.nsw.gov.au/sport/psc>

Premier's Sporting Challenge

More active, more often



