

# NSW PREMIER'S SPORTING CHALLENGE

## SPORT LEADERSHIP GRANTS PROGRAM



*more students, more active, more often*



## What is the Premier's Sporting Challenge (PSC) Sport Leadership program?

The PSC Sport Leadership program supports schools in developing leadership opportunities for students through sport and physical activity. The program identifies schools as members of a Sport Leadership Community (SLC). A minimum of three secondary schools in close proximity to each other is required to apply for the first grant. The two types of grants available to assist schools in the implementation of the program are:

- **Grant 1/Phase 1: Leading with Action (LwA)** commences the preparation of Stage 5 or 6 students to deliver sport-specific activities and initiative games.
- **Grant 2/Phase 2: Learning to Lead (L2L)** is a one day workshop hosted by a nominated secondary school in the SLC and delivered by Stage 5 or 6 students who have completed the Leading with Action training. Students in Stage 3 & 4 participate in sport-specific activities & initiative games delivered by Stage 5 or 6 students.

## What are the benefits of the program for schools?

The PSC Sport Leadership Program addresses the well documented benefits of the importance of leading an active, healthy lifestyle and supports the following Department of Education initiatives by:

- addressing the physical, social and cognitive wellbeing of students as part of the *Wellbeing Framework*
- increasing leadership opportunities for students and establishing connectedness between primary and secondary schools as part of the *Leadership in the Middle School Program*
- strengthening networks within and between community of schools
- addressing curriculum outcomes of *PDHPE* and Stage 5 *Physical Activity & Sport Studies (PASS)* or Stage 6 *Sport Lifestyle & Recreation (SLR)*
- reinforcing the school's *Positive Behaviour for Learning (PBL)* core values such as engagement and inclusion through participation in sport and physical activity
- developing a school culture that promotes health and physical activity for all students.

## How is the program delivered?

The PSC Sport Leadership program is delivered in two phases:

- Phase 1 - **Leading with Action (LwA)** for students in Stage 5 (PASS) or Stage 6 (SLR).
- Phase 2 - **Learning to Lead (L2L)** for students in Stages 3, 4 and 5 or 6.

A grant is available for each phase however it is necessary for secondary schools to apply for Phase 1 before applying for Phase 2. This requires a minimum of three secondary schools in close proximity to each other. Secondary teachers can take a lead role in planning and co-ordinating the delivery of both Phase 1 and 2 for their SLC. They will be identified as sport leadership managers.





## Leading with Action (LwA)

LwA commences the preparation of Stage 5 or 6 students to deliver sport-specific games and initiative activities to Stage 3 and 4 students at L2L workshops. It involves secondary teachers (ideally PASS or SLR teachers) in preparing their students to be sport and physical activity coaches and leaders.

LwA involves:

- a one day workshop comprising 3 x 90 minute sport specific sessions to develop skills and sport knowledge
  - class time and support from a PASS or SLR teacher to:
    - ◆ identify and discuss leadership strategies
    - ◆ practise small group management techniques
    - ◆ gain confidence with initiative games
    - ◆ prepare sport specific lesson plans to use in the L2L workshop.

The one day workshop should be delivered by suitably qualified personnel (either teachers or development officers from state and local sporting organisations) to promote high level skill and knowledge about particular sports. This workshop is conducted to a group of secondary schools within the SLC or across nearby SLCs.

The scheduling of LwA and L2L workshops can be at the discretion of the Sport Leadership Community. Traditionally, LwA has been conducted in Semester 2 with the L2L workshops held during Semester 1 of the following year; however this could be determined by each SLC.

## Learning to Lead (L2L)

L2L is a one day workshop hosted by a nominated school (usually a secondary school) in the Sport Learning Community and sessions are conducted by Stage 5 or 6 students who have completed the LwA training.

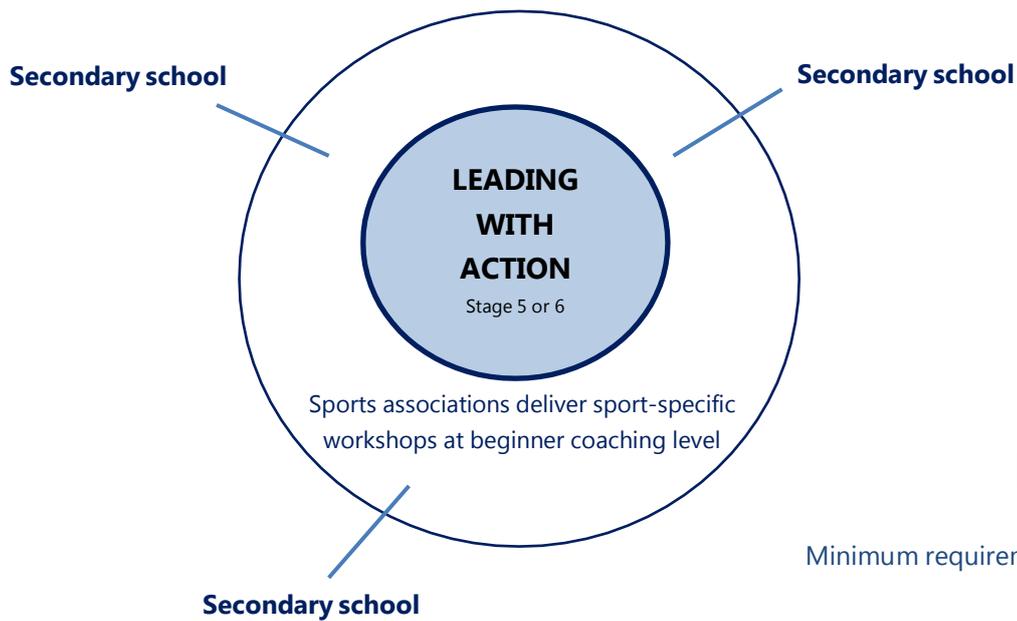
Participating schools identify students to participate in L2L with suggested numbers:

- Stage 3 (15-20 students)
- Year 7 (12 students)
- Year 8 (12 students)
- Stage 5 or 6 (25-30 students)

At the workshop students in Stages 3 and 4 rotate through five activity sessions of 45-50 minutes delivered by students in Stage 5 or 6. Four of the sessions are dedicated to developing sport-specific skills and the remaining session explicitly focuses on leadership skills through active participation in initiative games. The grant provides flexibility for SLCs to adapt the program to effectively meet the needs of their students.



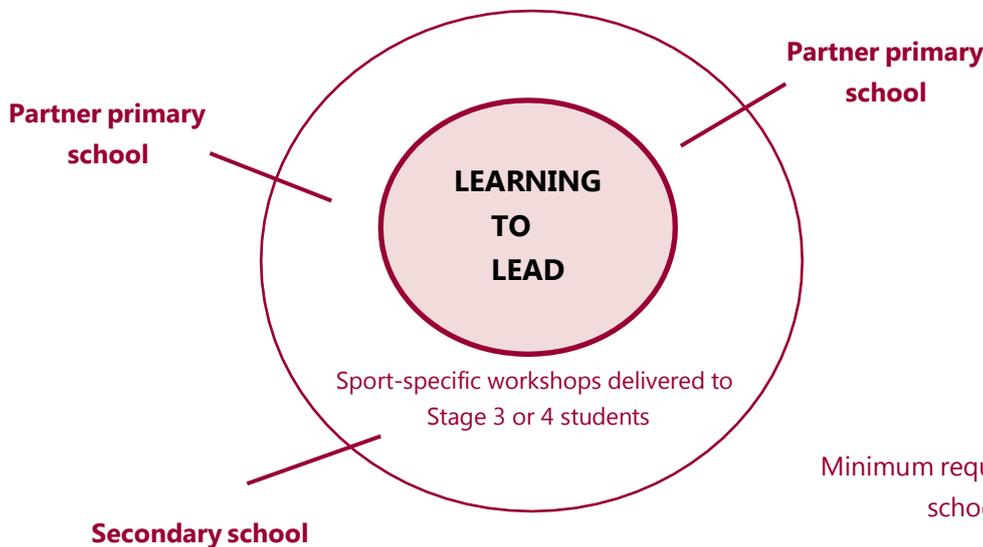
**Grant Structure:**



**PHASE 1**

Minimum requirement: 3 or more secondary schools

Grants range between \$2,000 and \$10,000 based on the number of secondary schools in each SLC. Funding includes three days casual relief for the host school manager to plan and implement Leading with Action. Casual relief is provided for each secondary school manager to attend the day. Transport and catering costs are also factored into the grant amount with a travel subsidy available for rural and remote schools.



**PHASE 2**

Minimum requirement: 2 or more partner primary schools & 1 secondary school

Grants range between \$2,000 and \$20,000 based on the number of secondary and partner primary schools in each SLC. Funding includes two days casual relief for the host school manager to plan and implement Learning to Lead. Casual relief is provided for each primary and secondary school staff member attending the day. Transport and catering costs are also factored into the grant amount with a travel subsidy available for rural and remote schools.



## Step 1 : LwA Grant (Phase 1 of Sport Leadership program)

Schools will need to initially apply to be part of the **Leading with Action** grant which requires a minimum of three secondary schools to participate from their local area. **The nominated host school completes the online LwA application form on behalf of their neighbouring secondary schools** and their SLCs and funds will be provided to this school.

## Step 2: L2L Grant (Phase 2 of Sport Leadership program)

Secondary schools in this SLC can then apply for the **Learning to Lead** grant. The minimum requirement is one secondary school and a minimum of two partner primary schools. **The host school completes the online application on behalf of partner primary schools** and funds will be provided to this school.

## What the PSC grant can be used for?

Grant funding could be used for casual relief, transport and catering to implement LwA and L2L programs. At the conclusion of the 12 month period, host schools will be required to complete a simple online acquittal form for both LwA and L2L grants by June 30 2018.

## How do host schools apply?

Go to [www.pscsportleadership.com.au](http://www.pscsportleadership.com.au) to complete the simple online grant application form.

## When?

Online grant applications are available from Week 1 Term 2.

**Grant applications close Friday 9 June.**

Successful SLCs will be notified via email by June 30.

The program may commence from Term 3 2017.

## Further information

A *PSC Sport Leadership Information Booklet* outlining suggested organisational procedures, benefits and resources to support the implementation of the sport leadership program is available on request from the PSC website at:

<https://online.det.nsw.edu.au/psc/sportsleadership/learningToLead.html>

PSC Sport Leadership instructional videos such as *Implementing Learning to Lead Program* are available from the School Sport Unit Youtube Channel at:

<https://www.youtube.com/watch?v=cBCpbjOUHqA>

Contact the NSW Premier's Sporting Challenge on 9244 5619 or email [psc@det.nsw.edu.au](mailto:psc@det.nsw.edu.au)



"My students view these programs as highly desirable events and for the leadership opportunities that they provide. Feedback from our partner primary schools has been extremely positive and we have strengthened the close working relationship across the Lake Macquarie Community of Schools as a result.

Our schools' success in the PSC initiative has enabled us to form close working ties with local sports associations such as Jack Newton Junior Golf. As a result, we have been able to implement golf specific units of work and brand new resources across our schools population including our three special education units with great success."

**Georgia Elliott – PSC Sport Leadership Manager  
Lake Macquarie High School**



"The PSC Sport Leadership program provides cross campus interaction for staff & students, collaboration of resources, ideas and solutions. It also provides links to the PDHPE curriculum through coaching, physical activity and leadership.

Through many years of networking, our NBSC community works alongside local and state sports associations such as Manly Marlins, Manly-Warringah Ultimate Frisbee and Football NSW, providing teachers with coaching education, equipment, resources and ideas for best practice as well as refereeing opportunities for students at gala days."



**Ashley Mathieson – PSC Sport Leadership Manager  
Northern Beaches Secondary College Freshwater Campus**



**NSW Premier's Sporting Challenge**

Level 3, 1 Oxford St Darlinghurst NSW 2010

P: 9244 5619 | E: [psc@det.nsw.edu.au](mailto:psc@det.nsw.edu.au) | W: [www.pscsportleadership.com.au](http://www.pscsportleadership.com.au)