

# School Sport Unit

## Program Overview

The School Sport Unit, part of Arts, Sports & Initiatives, supports the implementation of appropriate sport and physical activity programs for all students in NSW public schools.

## Key Programs

### Representative School Sport Pathway

This pathway is the largest and longest running 'Gifted and Talented' student program within the Department which allows all students to reach sporting levels consistent with their abilities across a range of 28 sports. The NSW Representative School Sport pathway facilitated through the NSW Primary School Sport Association and NSW Combined High School Sport Association structures has been in existence since 1889. It enables students to progress from school, zone, region, state and national level competition. In 2015, 25,000 students represented their region at state level competitions and 1,600 students represented NSW at national level competitions. Over 9,000 school teams participated across the 54 state knockout competitions.

### School Swimming and Water Safety Program (School Swimming Scheme)

This program provides learn to swim and water safety lessons to over 100,000 students from 1,400 schools.

## NSW Premier's Sporting Challenge

A suite of initiatives to public schools including the 10 week NSW Premier's Primary and Secondary School Sport Challenges which saw 340,000 students from 1,500 schools participate in 2017 – encouraging them to be more active, more often. Other initiatives include a Staff Challenge, Teacher Recognition program, Premier's Sporting Challenge Medal program, Sports Leadership program and an Ambassador program.

## Teacher Professional Learning

The School Sport Unit provides opportunities for over 5,000 teachers to participate in a range of sport and physical activity NESA approved workshops, many of which are partnered with national and state sporting organisations and industry leaders to upskill teachers leading to improved student outcomes. All workshop opportunities can be found in [MyPL](#) Term 2 workshop details can be found at [The School Sport Website](#)

## Sport and Physical Activity for Students with Disabilities

A variety of multi-sports, sport specific and fundamental movement activities coordinated across NSW for students with disabilities. In 2017, 3,300 students participated gaining skill development, and information for the identification of available community based resources.

## Policy and Guidelines

Provides consultancy advice across policy and guidelines to support teachers in all public schools across sport and physical activity.

## Arts, Sports & Initiatives

### School Sport Resources

<https://app.education.nsw.gov.au/sport/>

#### Sport and Physical Activity in Schools Safe Conduct Guidelines

- Specific Activities Guidelines
- Student Welfare and Supervision
- Supervision Requirements
- Child Protection Issues
- Environmental Factors
- Injury Countermeasures
- Medical Conditions
- Infectious Diseases Guidelines
- Principal Endorsed Activities
- External Providers
- Banned Activities
- Liability
- Teacher Resources
- Safety
- Forms and Templates
- Outdoor Recreation

#### School Swimming Program

- Operational Procedures
- School Procedures
- Teacher Professional Learning
- Resources and Forms

#### Premier's Sporting Challenge

- Primary Sport Challenge
- Secondary Sport Challenge
- Staff Challenge
- Lifting Your Game
- Sport Leadership

#### Teacher Resources

- Sport Organiser Toolkit
- Teachers of Sport Toolkit
- School Sport Issues

#### Opportunity for Students with Disabilities

#### Teacher Professional Learning

### Further program information

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