

School sport primary schools research project - iPLAY (Internet based Professional Learning to Promote Activity in Youth)

Why should your school be part of iPLAY?

- No cost to the school.
- NESA accreditation for **every teacher** in the school (14 hours at Proficient).
- Free lesson resources.
- Flexible delivery (mostly online self-paced) completed over 4 terms.
- An experienced PDHPE/sport mentor works with your school.



The iPLAY project hopes to help children become more active, motivated and engaged at school, offering the program in schools who are willing to let them follow their students' progress. iPLAY has been designed to build teachers' *competencies* and *confidence* in teaching physical education and sport, and therefore improve the quality of these lessons. The PE recommendations are aligned with the DoE Sport and Physical Activity Policy, so your school may not need to allocate any extra time to physical activity classes.

Professional learning is done via online modules, a two-hour workshop, and mentoring sessions. Topics include:

- physically active homework
- classroom energizers, and
- increasing student enjoyment and engagement.

Each school has **iPLAY Leaders** within their school (maximum of 3 depending on the size of the school). Leaders are teachers that complete extra training to improve the physical activity culture within the school. This includes improving playgrounds to help children be more active, engaging parents in PE at home, and linking the school to local, community sport. Teachers who take on the role of an iPLAY leader receive an extra **13 hours accreditation at Highly Accomplished**.

For more information browse the [School sport website Research initiatives and TPL opportunities page](#) or the iPLAY website on <https://iplay.org.au/>.