

Thinking while Moving - English

Bean bag toss

Syllabus focus area

- Integrated spelling components
- Phonological component

Suggested outcomes

- ENE-SPELL-01
- EN1-SPELL-01
- EN2-SPELL-01
- EN3-SPELL-01

Resources

- 10 – 15 bean bags per pair
- Chalk
- Spelling list
- Pen/pencil and workbook

Activity set-up

- Teacher uses chalk to draw a 26-letter grid that includes each letter from the alphabet.

Warm up:

- Teacher reads out spelling words to students.
- Students segment list words using a physically active movement (squats, star jumps, lunges, air punches, high knees etc.) for each phoneme. For example, for the word show, students would perform a squat for each phoneme sh-ow.



How to play

Students spell their list words by accurately throwing bean bags on the correct letter in the grid.

- Students stand in pairs with one bean bag, 5 metres away from the grid.
- Students take turns at spelling their spelling words by accurately throwing the bean bag onto the corresponding letter.
- Once a word has been spelt, students record the word in their workbook.
- Students take turns to complete the spelling list.
- Once all words have been recorded in spelling book, students segment each word using a physically active movement of their choice.

Variations

The TREE model is a practical tool designed to support teachers and coaches to adapt and modify an activity to be more inclusive of students with a range of abilities.

Below are some examples of how this Thinking while Moving activity could be modified.

Teaching style

- Model the activity for students.
- Provide clear, simple instructions to students.
- Teacher could write graphemes in grid instead of single letters.
- Use questioning to check student understanding.

Rules

- Begin activities with only few of the rules
- Students could choose their own challenge words to spell based on the theme of a unit of work.

Equipment

- Larger grids

Environment

- Students that experience difficulty standing or walking can participate in activities from the floor e.g. from a sitting, kneeling, by throwing bean bags on letters.
- Increase playing area and space between letters.