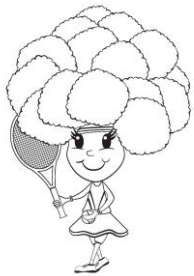


## Match Me

Remember to eat the rainbow. See if you can match up the fruits and vegetables with the healthy things they do.

Brooke Broccoli



My colour is

G \_ \_ \_ \_

Summa Strawberry



My colour is R \_ \_

Captain Capsicum



My colour can be R \_ \_

or G \_ \_ \_ \_ and

even Y \_ \_ \_ \_

Tamara Tomato



My colour is

R \_ \_

Eating me helps you  
to stay healthy and  
not get sick.

T \_ M \_ \_ O

Eating me helps you to  
take in vitamins from  
other fresh foods.

S \_ \_ A \_ B \_ R \_ Y

Eating me helps to  
make my eyes strong  
and healthy.

B \_ \_ C \_ \_ \_ I

Eating me is good  
for my skin.

C \_ P S \_ \_ \_