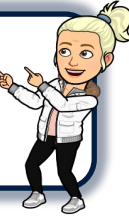


GetActive@Home



Name



Make a smiley face on a circle each time you watch an episode or do something active.

How many smiley faces can you make in one week?
Remember to write your total down each week.



How many smiley faces do you have altogether?

- 11 - 15 = Active Challenger
- 16 - 20 = Super Active Challenger
- 21 - 25 = Mega Active Challenger

What is your total?



Week 1

○
○
○
○
○
Total/

Week 2

○
○
○
○
○
Total/

Week 3

○
○
○
○
○
Total/

Week 4

○
○
○
○
○
Total/

Week 5

○
○
○
○
○
Total/

GetActive@Home



Make a smiley face on a circle each time you watch an episode or do something active. Use the favourite week to choose some episodes that you really enjoyed.

How many smiley faces can you make in one week? Remember to write your total down each week.

How many smiley faces do you have altogether?

- 11 - 15 = Active Challenger
- 16 - 20 = Super Active Challenger
- 21 - 25 = Mega Active Challenger



What is your total?



Week 6

Total/

Week 7

Total/

Week 8

Total/

Week 9

Total/

Favourite

Total/

