

French Cricket

Time: 20 minutes

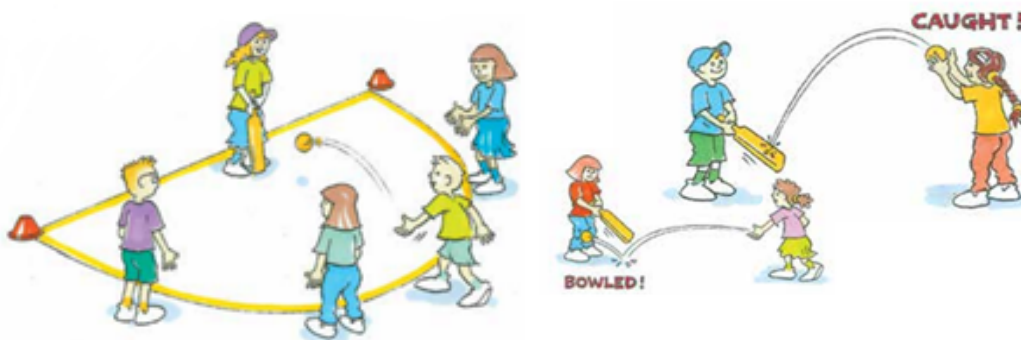
Activity

Partner/group

- Player (batter) stands with feet together and holds the bat in front of the legs. Fielders throw the ball underarm and the batter hits in any direction.
- The batter is out if the ball is caught on the full or they are hit on the legs.

Safety

- Ensure adequate space for the number of players.
- Start with slow underarm bowling and only build up speed as the players demonstrate mastery.



Equipment

- Various objects for the bat, such as:
 - cricket bat
 - tennis racket
 - rolled up newspaper.
- Various objects for the ball, such as:
 - soccer or volleyball (easier)
 - tennis ball
 - pair of socks rolled up
 - small rubber ball (harder).

Activity variations

- Change the batter options:
 - use a larger bat such as a paddle bat
 - require the bowler to bounce the ball once
 - increase the size of the fielder-free zone.
- Change the fielder/bowler options:
 - take it in turns to bowl (e.g. a set number of balls per over)
 - all fielders must touch the ball before it is bowled again, so everyone has a 'touch' of the ball.