

Bullseye

Time: 20 minutes

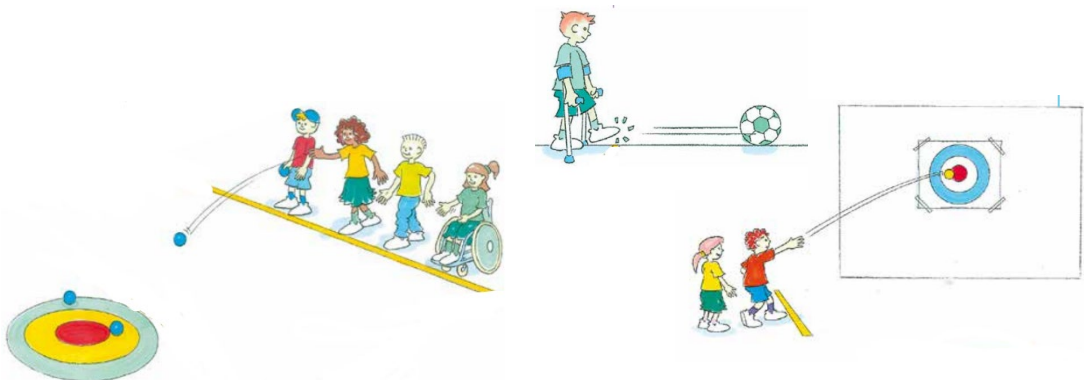
Activity

Individual/partner/group

- Each player rolls or throws their 3 bean bags/balls/objects to the target area.
- After all 3 are thrown, collect and add up the score for that round.
- Repeat for a given number of rounds (e.g. 3 rounds of 3 throws for each player).

Scoring

- Each circle in the target is given a different value, e.g. centre = 5 points, middle = 3 points, outside = 1 point.
- Points are awarded based on where the bean bag/ball/object lands.
- Add 3 throws together to get the total for that round.
- The winner has the highest score after 3 rounds.



Equipment

- Hoops, bins, buckets, or chalk to mark/form 3 concentric circles on the ground as targets.
- Throw-line 3 metres from target (mark with chalk, cones, shoes, towel, rope etc.).
- 3 bean bags, tennis balls, or similar objects per player.

Activity variations

- Add a kicking target to challenge players or to accommodate players who may not be able to throw.
- Increase or decrease the distance from the throw-line to the target.
- If buckets are used as targets, the activity can be made harder by requiring the ball to land in the bucket.
- Vary the method of using the ball (e.g. throw, kick, roll, strike).
- Put a target on a wall instead of the ground.
- Throw/kick with the opposite hand/foot.
- Change ball size / object being thrown or kicked.