

Practical guide for sport and physical activity

Updated 5 March 2021

Sport and physical activities

Schools must comply with the general COVID-19 requirements for school activities in addition to the measures listed below:

- Weekly sport and recreational activities, gala days, selection trials for representative sport and activities, whole of school carnivals, zone and school carnivals and interschool events are permitted.
- The number of participants involved in sport and physical activities at a venue/facility must comply with external venue restrictions.
- Parents/spectators may attend school or external venue events in accordance with the COVID-19 Safety Plan. Please note that some venues, such as major recreational facilities, may have additional safety requirements.
- School sporting activity requirements, whether indoors or outdoors, should align with those in place for other [community sporting competitions and training activities](#) in NSW unless held at a venue with additional capacity allowance such as a major recreational facility.
- External coaches and other providers are permitted.
- Use of local external sporting grounds, swimming pools (including hydrotherapy pools), recreational facilities and community facilities is permitted. This includes border school communities using interstate venues where border requirements permit.
- A member of staff must be available to supervise gym or fitness sessions at all times. Where there are more than 20 students in the gym at one time, staff must ensure that the department's infection control guidelines are implemented.
- Records of those participating in external events and activities must be maintained for a period of 28 days in accordance with contact tracing requirements. Schools do not need to provide a list of attendees to the venue. Details of a contact person from the school who holds the attendance records is all that is required.
- Cleaning arrangements are in place for any shared equipment.