

# Thinking while Moving - English

## Lucky dip

### Activity set-up

- View the short video on the next slide to learn how to play [Lucky dip](#).
- Fold an A4 sheet of paper into quarters and cut along the folds to make 4 rectangles. Do this 7 times so that you have 28 rectangles.
- Write the letters of the alphabet on the cards – one letter per card. On the two extra cards write e on one and a on the other.
- Use chalk to draw a circle on the ground and a line approximately 5m opposite the circle.
- Place the alphabet letter cards behind the circle.

### How to play

The **aim** of lucky dip is to throw your soft object in the circle to collect letters as many letters as you can in 4 minutes, to then make and record words.

- Place your collection of small soft objects at the throwing line.
- Press start on your 4-minute timer.
- Use an underarm throw to throw a soft object in the circle. If it lands in the circle, run to collect an alphabet letter. If it misses have another throw.
- Repeat throwing, running and collecting letters as many times as you can in 4 minutes.
- When 4 minutes is up, arrange your alphabet letter cards to make and record on paper as many words as you can.

### Variations to challenge

- Ask a family member to play with you. The person with the most words is the winner.
- Create more alphabet letter cards to spell and record a greater amount of words.
- Use an overarm throw.
- Hop, skip, leap or jump to collect the alphabet letter cards.
- Write your list of words in alphabetical order.
- Segment your list words and record the number of sounds.
- Move the throwing line further away or closer to the circle.

### What do you need?

7 pieces of A4 paper

Pencil and paper

Chalk to draw on the ground

A collection of small soft objects to throw – rolled up socks, small toy

Stop watch or timer

### Activity set-up diagram

