



Education

Sydney West Primary Athletics Championship 2022

Friday 23 September 2022

Sydney Olympic Park Athletic Centre



ADMISSION: Adults: \$5.00; Competitors: No Charge

EXECUTIVE

President	Matt Lewis	Lidcombe PS
Vice Presidents	Luke Hogan Michael Roberts	North Kellyville PS Caddies Creek PS
Principals Rep	Pate Cooper	Colyton PS
Executive Officer	Daniel Brown	School Sport Unit
Convener	Anthony Moyes	Caddies Creek PS
Assistant Convener	Brad King	Matthew Pearce PS

ZONES – ZONE CODES AND MEMBER SCHOOLS

1. Auburn	(AU)	(Maroon/Yellow)
Auburn Auburn North Auburn West Blaxcell Street	Granville Granville East Granville South Guildford	Guildford West Lidcombe Merrylands East Rosehill
2. Blacktown	(BL)	(Red/Black/White)
Barnier Blacktown South Blacktown West Glendenning	Hambledon Marayong Marayong Heights Marayong South	Quakers Hill Shelley Walters Road William Dean
3. Blue Mountains	(BM)	(White/Dark Green)
Blackheath Blaxland Blaxland East Ellison Faulconbridge Glenbrook Hazelbrook	Katoomba Katoomba North Lapstone Lawson Leura Megalong Valley	Mount Riverview Mount Victoria Springwood Warrimoo Wentworth Falls Winmalee
4. Castle Hill	(CH)	(Red/Blue)
Baulkham Hills North Beaumont Hills Bella Vista Castle Hill Carlingford West Crestwood Excelsior	Glenhaven Jasper Road Kellyville Matthew Pearce Murray Farm Northmead	North Rocks Samuel Gilbert Sherwood Ridge The Hills School Winston Heights Winston Hills
5. Hawkesbury	(HK)	(Sky Blue/Maroon)
Bilpin Bligh Park Castlereagh Cattai Colo Heights Comleroy Road Ebenezer Freemans Reach Glossodia Grose View	Hobartville Kurmond Kurrajong Kurrajong East Kurrajong North Londonderry Macdonald Valley Maraylya Maroota Pitt Town	Richmond Richmond North Vineyard Wilberforce Windsor Windsor Park Windsor South Wisemans Ferry

6. Merrylands/Parramatta	(MP)	(Blue/Gold)
Bayanami Burnside Carlingford Dundas Ermington West Greystanes Hilltop Road	Merrylands Oatlands Parramatta Parramatta East Parramatta North Parramatta West Ringrose	Rydalmere Rydalmere East Sherwood Grange Telopea Widemere Yates Avenue
7. Mt Druit	(MD)	(Light Green/Gold)
Bidwill Blackett Crawford Dawson Doonside Eastern Creek Emerton	Hebersham Hassall Grove Plumpton Lethbridge Park Madang Avenue Minchinbury Mount Druit	Noumea Rooty Hill Shalvey Tregear Whalan Willmot
8. Penrith	(PN)	(Aqua /White)
Braddock Cambridge Gardens Cambridge Park Claremont Meadows Emu Heights Emu Plains Glenmore Park Henry Fulton Jamisontown	Jordan Springs Kingswood Kingswood Park Kingswood South Leonay Llandilo Luddenham Mulgoa Orchard Hills	Penrith Penrith South Regentville Samuel Terry Surveyors Creek Wallacia Werrington Werrington County York
9. Ridges	(RI)	(Sky Blue/White)
Galungara Ironbark Ridge John Palmer Kellyville Ridge Kenthurst	Marsden Park Northbourne North Kellyville Oakville Parklea	Quakers Hill East Riverstone Riverbank Rouse Hill Schofields
10. St Marys	(SM)	(Black/Gold)
Banks Bennett Road Blackwell Clairgate	Colyton James Erskine Oxley Park Ropes Crossing	St Clair St Marys St Marys North St Marys South
11. Wentworthville/Seven Hills	(WS)	(Black/White/Pink)
Beresford Road Bert Oldfield Blacktown North Caddies Creek Darcy Road Girraween Kings Langley	Lalor Park Lynwood Park Metella Road Pendle Hill Seven Hills Seven Hills North Seven Hills West	The Meadows Toongabbie Toongabbie East Toongabbie West Vardys Road Wentworthville Westmead

SPECIFIC RULES AND CONDITIONS

1. Rules are in accordance with the I.A.A.F. Handbook.

2. Entry

- a) Each Zone/combination of Zones is entitled to enter the following specified number of competitors or teams in each event:
- | | | |
|-------------|---|-------------|
| 100m | - | 3 per event |
| 200m | - | 2 per event |
| 800m | - | 2 per event |
| 1500m | - | 2 per event |
| Relays | - | 2 per event |
| Jumps/Field | - | 2 per event |
- b) Entries will only be received for events that were conducted at a Zone Carnival (i.e. if the Zone does not conduct an event they cannot send through entries for that event).
- c) Additional entries ("invitational athletes") may be considered by the Sydney Convener, Sydney West EO and Executive where special circumstances occur. These athletes will need to fulfil one or more criteria in the Sydney West 'Invitational Entries' Policy - Athletics.
- d) Athletes must compete in their Zone singlet.
- e) Substitutes may be allowed by the Championship Convener (or his/her nominee) on the recommendation of the relevant team manager (who must be a teacher) prior to the commencement of the championships on the official substitution form.
- f) Entries submitted electronically to the Association convener by **Friday 2 September 2022**.
- g) Criteria for Schools / Zones / Athletes applying to Sydney West SSA for an "invitational entry" to the Sydney West SSA Athletics:

Students should compete at their Zone Carnival in order to allow them to be considered for entry into the Sydney West Championship. However, they can be considered for 'invitational entry' if they are competing at a higher level school sporting competition at the time of their Zone Carnival.

In these cases, a request for consideration for inclusion in the Sydney West Championships must be presented to the Regional Convener. This is to be submitted by the Zone Convener, listing the student's school performance/s. The request will then be considered for selection by a panel consisting of the Sydney West Convener, Sydney West EO and Executive. Inclusion in the Sydney West Championships under these circumstances will not be at the expense of individuals who have competed at, and qualified for the Zone team based on the usual entry procedures.

The placegetters at Zone carnivals, in accordance with Rule 2.a are entitled to gain entry to the Sydney West Championships. However, in the case of an Official's error, an additional entry may be considered, if the Zone Convenor can provide evidence that the athlete/s, through no fault of their own, received unfair treatment or competition conditions.

In these cases, a request for consideration for inclusion in the Sydney West Championships must be presented to the Regional Convener. This is to be submitted by the Zone Convener, detailing the nature of the incident. The request will then be considered for selection by a panel consisting of the Sydney West Convener, Sydney West EO and Executive. Inclusion in the Sydney West Championships under these circumstances will not be at the expense of individuals who have competed at, and qualified for the Zone team based on the usual entry procedures.

Injury, illness, family holiday or school based activities, e.g. camp will not be considered criteria for invitational entry.

Submitting a request for invitational entry does not guarantee inclusion in the Sydney West Championships

3. Limitation of events

There will be no limitation to the number of events a competitor may enter, except those determined by age, as outlined in Rule 4, below.

4. Sections

- a) Categories: In each event in the championship there will be a boys category and a girls category.
- b) Age Groups:
- | | | |
|---------|----------|----------|
| 8 Years | 10 Years | 12 Years |
| 9 Years | 11 Years | 13 Years |
- c) Divisions
1. Junior: All children aged 8,9 or 10 Years
 2. 11 Years
 3. Senior: All children aged 12 or 13 Years
(Relays: 11/12/13 Years)
 4. Open Age – All children aged 8 – 13 Years
 5. Multi-Class Athlete – Jnr (8, 9, 10), Snr (11, 12, 13)

A competitor whose significant birthday occurs during the current year, is eligible for that age event only. No competitor shall enter in more than one division.

5. Years 2 students

Children, who are in Year 2, but turn 8 Years of age during the current year, are eligible to compete in the Championship.

6. Footwear/clothing

Spikes and starting blocks are permitted, except in an event (running) where specific lanes are not allocated (i.e. 800m & 1500m).

All Competitors must compete in their Zone singlet/shirt

7. State Entry

- a) Finalists placed first, second or third shall qualify for the NSWPSA Championships. Exception: In the 1500m only the top 2 will qualify.
- b) Additional entries ("invitational athletes") may be considered by the Sydney West Convener, Sydney West EO and Executive where special circumstances occur. These athletes will need to fulfil one or more criteria in the Sydney West 'Invitational Entries' Policy - Athletics.
- c) All such additional entry requests must be submitted in accordance with procedures set out in Sydney West 'Invitational Entries' Policy – Athletics.
- d) If a request is deemed appropriate by the Sydney West Convener, Sydney West EO and Executive, then it will be submitted to the NSWPSA Athletic Management Committee. The final decision rests with this committee.
- e) Criteria for Schools / Zones / Athletes applying to Sydney West SSA for an "invitational entry" to the NSWPSA Athletics:

Students should compete at the Sydney West Championships in order to allow them to be considered entry into the NSWPSA Championships. However, they can be considered for 'invitational entry' if they are competing at a higher level school sporting competition at the time of the Sydney West Championships.

In these cases, a request for consideration for inclusion in the NSWPSA Championships must be presented to the Regional Convener. This is to be submitted by the Zone Convener, listing the student's Zone performance/s. The request will then be considered for selection by a panel consisting of the Sydney West Convener, Sydney West EO and Executive. Inclusion in the Sydney West Championships under these circumstances will not be at the expense of individuals who have competed at, and qualified for the Regional team based on the usual entry procedures.

The place getters at Regional championships, in accordance with Rule 7.a are entitled to gain entry to the NSWPSA Championships. However, in the case of an Official's error, an additional entry request may be considered, if the Zone Team Manager or Zone Convenor can provide evidence that the athlete/s, through no fault of their own, received unfair treatment or competition conditions.

In these cases, The Zone Team Manager should follow the protests procedures as set out in Rule 12, on the day of the championships. If the protest is not able to be resolved at the time, then a request for consideration for invitational entry into the NSWPSA Championships can be presented to the Sydney West Convener. This is to be submitted by the Zone Convener, detailing the nature of the incident. The request will then be considered for selection by a panel consisting of the Sydney West Convener, Sydney West EO and Executive. Inclusion in the NSWPSA Championships under these circumstances will not be at the expense of individuals who have competed at, and qualified for the Zone team based on the usual entry procedures.

Injury, illness, family holiday or other school based activities WILL NOT be considered criteria for Invitational Entry.

Submitting a request for invitational entry does not guarantee inclusion in the NSWPSA

Championships. The final decision will rest with the NSWPSA Athletics Management Committee.

8. Method of starting

- a) For the 100m, 200m & 4 x 100m Relays the method of starting shall be:
 - i) "on your mark"
 - ii) "set"
 - iii) gun blast
 - iv) After command (ii) the competitor shall remain stationary until the gun blast.
 - v) Any athlete making a false start shall be warned. Any athlete(s) making further false starts in the race shall be disqualified from the race.
- b) For the 800m and 1500m events the method of starting shall be:
 - i) "on your mark"
 - ii) gun blast

9. FINALISTS

- a) Finalists for track events will be determined in the following manner:
 - i) 100 metres/200 metres and Relay – heat winners to gain automatic entry to the final and the remaining places to be taken from the fastest times of the other heat runners.
 - ii) In 800 metres, the final placings will be decided on heat times.
 - iii) The 1500m will be a Timed Final
- b) For field events, the following will apply:

Long Jump/Shot Put/Discus – top 8 competitors will have further jump/put/throw (time permitting)

10. Placegetters

- a) The first three placegetters in each final at the Association Athletics championships shall be awarded a certificate at the conclusion of each event.
- b) Special presentations will be made to the individual Champions (Junior Boy, Junior Girl, 11 years Boy, 11 years Girls, 12/13 years Boy, 12/13 years Girls) at Association Athletics championships.

11. Coaching

Parents, coaches and unauthorised persons are not allowed on the enclosure. Once Competitors are in the hands of the officials controlling the event, they shall not receive any coaching or advice. Penalty – disqualification.

12. Protests

- a) The Referee shall be the sole arbiter in points under dispute.
- b) Protests shall be dealt with by the Disputes Committee, consisting of the following:
 - i) Referee
 - ii) Relevant Track/Field Manager
 - iii) Association Convener or his/her nominee
- c) No protests shall be considered, unless lodged by the Zone Team Manager (who must be a teacher) with the Committee, within 15 minutes of the conclusion of the event in question.

13. Relays

- a) Relays shall be run on a circular track (4 x 100 metres).
- b) A team shall consist of 4 runners and a baton must be carried.
- c) The 'take-over' zone at each change shall consist of one 30m zone, within which the baton should be passed to the out-going runner. This out-going runner must commence running from within this zone.
- d) When a relay race is being run in lanes, a competitor may use a checkmark on the track within his/her own lane providing such markers do not interfere with other runners.
- e) Relays are conducted in two sections for both boys and girls:
 - i) 13 – 12 – 11 Years – known as Senior.
 - ii) 10 – 9 – 8 Years – known as Junior.
- f) In relay finals, teams may substitute one runner, who must be from the same school qualified in terms of Rule 4 above.

14. Field events

a) Long Jump

Each competitor shall have three qualifying jumps in rotation. The leading 8 qualifiers shall have one extra jump (time permitting)

In the event of a tie the result is determined by distance recorded by the second best performance of the competitors tying shall decide the tie. If the tie still remains, the third best, and so on.

b) Shot Put/ Discus

Each competitor shall have three puts/throws. The leading 8 putters shall have one extra put/ throw (time permitting).

Placings shall then be decided, according to the best put or throw of each competitor.

Competitors shall use the equipment supplied by the Association.

Junior/11 Years - 2 kg shot

12/13 Years - 3 kg shot

Discus Junior – 500g 11 Years – 750g 12/13 Years – 750g

In the event of a tie the result is determined by distance recorded by the second best performance of the competitors tying. If the tie still remains, the third best, and so on.

c) High Jump

A competitor may commence jumping at any height previously announced by the Chief Judge and may jump at his/her own discretion at any subsequent height. Three consecutive failures, regardless of the height at which any such failures occur, disqualify from further jumping except in the case of a tie for first place.

Competitors shall have a maximum of two minutes when name is called to attempt a jump or request a pass otherwise a jump will be registered. This only applies when the competitor is present.

In the event of a tie, the best record on count-back shall decide the place winners. This shall be:

The competitor with the lowest number of jumps at the height at which the tie occurs shall be awarded the higher place.

If the tie still remains, the competitor with the lowest total of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.

If the tie still remains:

If it concerns the first place, the competitors tying shall have one more jump at the lowest height at which any of those involved in the tie failed, and if no decision is reached, the bar shall be lowered or raised to the heights previously announced by the Chief Judge of the event at the beginning of the competition. They shall then attempt one jump at each height until the tie is resolved.

Competitors so tying must jump on each occasion when resolving the tie.

15. Order of events

The Athletics Convener or his/her nominee reserves the right to alter the program, should it be considered necessary.

PREVIOUS SYDNEY WEST CHAMPIONSHIPS RESULTS

<u>Year</u>	<u>First</u>	<u>Second</u>	<u>Third</u>
1979	Castle Hill	Mt Druitt	Blacktown
1980	Castle Hill	Blacktown	Penrith
1981	Castle Hill	Merrylands	Penrith
1982	Castle Hill	Mt Druitt	Penrith
1983	Castle Hill	Blacktown/Seven Hills	St Marys/Penrith
1984	Castle Hill	St Marys/Penrith	Mt Druitt
1985	Castle Hill	Blacktown/Seven Hills	St Marys/Penrith
1986	St Marys/Penrith	Castle Hill	Blacktown/Seven Hills
1987	Castle Hill	St Marys/Penrith	Blacktown/Seven Hills
1988	Castle Hill	St Marys/Penrith	Hawkesbury
1989	St Marys/Penrith	Castle Hill	Blacktown/Seven Hills
1990	St Marys/Penrith	Castle Hill	Hawkesbury
1991	St Marys/Penrith	Castle Hill	Hawkesbury
1992	St Marys/Penrith	Castle Hill	Hawkesbury
1993	St Marys/Penrith	Castle Hill	Upper/Lower Blue Mtns
1994	St Marys/Penrith	Castle Hill	Upper/Lower Blue Mtns
1995	Castle Hill	Penrith	Upper/Lower Blue Mtns
1996	Castle Hill	Penrith	Hawkesbury
1997	Castle Hill	Penrith	Hawkesbury
1998	Castle Hill	Upper/Lower Blue Mtns	Penrith
1999	Castle Hill	Hawkesbury	Penrith
2000	Castle Hill	Penrith	Upper/Lower Blue Mtns
2001	Castle Hill	Penrith	St Marys
2002	Castle Hill	St Marys	Penrith
2003	Castle Hill	Penrith	Upper/Lower Blue Mtns
2004	Castle Hill	Penrith	Upper/Lower Blue Mtns
2005	Castle Hill	Hawkesbury	Penrith
2006	Castle Hill	Hawkesbury	Penrith
2007	Castle Hill	Blacktown	Hawkesbury
2008	Castle Hill	Blacktown	Upper/Lower Blue Mtns
2009	Castle Hill	Blacktown	Hawkesbury
2010	Castle Hill	Blacktown	Penrith
2011	Castle Hill	Blacktown	Penrith
2012	Castle Hill	Penrith	Hawkesbury
2013	Penrith	Castle Hill	Wentworthville/Seven Hills
2014	Castle Hill	Blacktown	Hawkesbury
2015	Castle Hill	Blacktown	Wentworthville/Seven Hills
2016	Castle Hill	Wentworthville/Seven Hills	Penrith
2017	Penrith	Castle Hill	Wentworthville/Seven Hills
2018	Penrith	Castle Hill	Wentworthville/Seven Hills
2019	Penrith	Castle Hill	Hawkesbury
2020/21	Event not held		

2022 NSW PSSA ATHLETICS CHAMPIONSHIPS

- DATES:** Wednesday 19 & Thursday 20 October, 2022
- VENUE:** Sydney Athletics Centre, Sydney Olympic Park
- TIME:** Competitors are to assemble at the venue in the Sydney West Stand, reporting to the team managers on the day(s) required.
- TRAVEL:** Team members are to make their own way to and from the venue.
- ENTRY:** All competitors qualifying for membership of the Sydney West team will receive an information sheet and permission note at the Sydney West Athletics Championships immediately at the completion of each event

2022 SYDNEY WEST ATHLETICS CHAMPIONSHIPS

TRACK EVENTS

8.20am Marshalling for 800m

8.30am 800m Timed Finals

- T1. Junior Girls
- T2. Junior Boys
- T3. 11 years Girls
- T4. 11 years Boys
- T5. 12/13 Girls
- T6. 12/13 Boys
- T7. Junior Girls MC Final
- T8. Junior Boys MC Final
- T9. Senior Girls MC Final
- T10. Senior Boys MC Final

9.30am 200m Heats

- T11. Junior Girls
- T12. Junior Boys
- T13. 11 years Girls
- T14. 11 years Boys
- T15. 12/13 years Girls
- T16. 12/13 years Boys

10.20am 100m Heats

- T21. 8 years Girls
- T22. 8 years Boys
- T23. 9 years Girls
- T24. 9 years Boys
- T25. 10 years Girls
- T26. 10 years Boys
- T27. Junior Girls MC Final
- T28. Junior Boys MC Final
- T29. 11 years Girls
- T30. 11 years Boys
- T31. 12 years Girls
- T32. 12 years Boys
- T33. 13 years Girls Final
- T34. 13 years Boys Final
- T35. Senior Girls MC Final
- T36. Senior Boys MC Final

11.50am 4x100m Relay Heats

- T37. Junior Girls
- T38. Junior Boys
- T39. Senior Girls
- T40. Senior Boys
- T41. Small Schools Relay Final

1.00pm 1500m Finals

- T42. Junior Boys & Girls
- T43. 11 years Boys & Girls
- T44. 12/13 years Boys/Girls

1.30pm 200m Finals

- T11. Junior Girls
- T12. Junior Boys
- T13. 11 years Girls
- T14. 11 years Boys
- T15. 12/13 years Girls
- T16. 12/13 years Boys
- T17. Junior Girls MC Final
- T18. Junior Boys MC Final
- T19. Senior Girls MC Final
- T20. Senior Boys MC Final

2.00pm 100m Finals

- T21. 8 years Girls
- T22. 8 years Boys
- T23. 9 years Girls
- T24. 9 years Boys
- T25. 10 years Girls
- T26. 10 years Boys
- T29. 11 years Girls
- T30. 11 years Boys
- T31. 12 years Girls
- T32. 12 years Boys

2.45pm 4x100m Relay Finals

- T37. Junior Girls
- T38. Junior Boys
- T39. Senior Girls
- T40. Senior Boys

FIELD EVENTS

8:20am Marshalling call for 8:30am events

8.30am

- F1. Junior Girls Shot Put Circle 1
- F2. Junior Boys Shot Put Circle 2
- F3. 11yrs Girls High Jump Stand 1
- F4. 11yrs Boys High Jump Stand 2
- F5. 12/13yrs Girls Discus Cage 1
- F6. 12/13yrs Boys Discus Cage 2
- F7. MC Junior Long Jump Pit 1
- F8. MC Senior Long Jump Pit 2

10.00am (Approx.)

- F9. Junior Girls High Jump Stand 1
- F10. Junior Boys High Jump Stand 2
- F11. 11yrs Girls Discus Cage 1
- F12. 11yrs Boys Discus Cage 2
- F13. 12/13yrs Girls Long Jump Pit 1
- F14. 12/13yrs Boys Long Jump Pit 2
- F15. MC Junior Shot Put Circle 1
- F16. MC Senior Shot Put Circle 2

11.30am (Approx.)

- F17. Junior Girls Discus Cage 1
- F18. Junior Boys Discus Cage 2
- F19. 11yrs Girls Long Jump Pit 1
- F20. 11yrs Boys Long Jump Pit 2
- F21. 12/13yrs Girls Shot Put Circle 1
- F22. 12/13yrs Boys Shot Put Circle 2

1.00pm (Approx.)

- F23. Junior Girls Long Jump Pit 1
- F24. Junior Boys Long Jump Pit 2
- F25. 11yrs Girls Shot Put Circle 1
- F26. 11yrs Boys Shot Put Circle 2
- F27. 12/13yrs Girls High Jump Stand 1
- F28. 12/13yrs Boys High Jump Stand 2
- F29. MC Junior Discus Cage 1
- F30. MC Senior Discus Cage 2

SYDNEY WEST PRIMARY ATHLETICS RECORDS

(At Completion of 2019 Championships)

BOYS

GIRLS

70 METRES

8 Years	S. Cranston	Middle Dural	10.3	1972	R. Chapman	Faulconbridge	10.6	1980
					Danya Kerr	Jasper Road	10.6	1986
9 Years	R. Desborough	North St Marys	10.0	1968	K. Cassidy	Excelsior	10.3	1980
10 Years	S. Cranston	Middle Dural	9.5	1974	Nicole Manson	Beresford Road	10.0	1981

100 METRES

Junior	S. Cranston	Middle Dural	13.7	1974	Nicole Manson	Beresford Road	14.3	1981
Senior	M. Arundle	Wentworthville	12.8	1968	D. Cleland	Seven Hills	13.3	1971
	S. Alexander	Braddock	12.8	1984				
8 Years	Che Franze	Surveyors Creek	14.58	2019	Olivia Scott-Rogers	Crestwood	15.10	2018
					Rachel Pace	Beaumont Hills	15.2	2006
9 Years	Daniel O'Brien	Kellyville	14.0	1998	Ashleigh Kerr	Jasper Road	14.0	1996
10 Years	Paul Toner	St Clair	13.4	1995	Amy Sadler	Hobartville	13.8	1998
	Mataele Ohuafi	Tregear	13.4	1998				
	Joel Hansons	Wallacia	13.4	1998				
11 Years	Hoa Lam	Lidcombe	12.9	1986	Ashleigh Kerr	Jasper Road	13.1	1998
	Sam Hing	Guildford	12.9	1998				
	Daniel McDonald	Emu Plains	12.9	1998				
12 Years	Lachlan Wood	Winston Hills	12.09	2017	Tuliana Kabuyawa	Caddies Creek	12.92	2018
13 Years	E. Critharis	Merrylands	12.7	1967	J. Walsh	St Marys	13.4	1967

200 METRES

Junior	David Moore	Leonay	27.6	1992	Erin Wilson	Carlingford West	28.7	1990
11 Years	Adam Garrard	Jamisontown	26.8	1996	Amy Sadler	Hobartville	27.6	1999
12/13 Yrs	Lachlan Wood	Winston Hills	25.13	2017	Paige Campbell	Orchard Hills	27.23	2017

800 METRES

Junior	Robert Bileckij	Samuel Gilbert	2:28.5	1988	R. Gates	Oakville	2:33.2	1982
11 Years	Dean Asonitis	Doonside	2:22.8	2003	Renee Asonitis	Rooty Hill	2:28.5	2001
12/13 Yrs	P. Stellino	Dural	2:16.2	1982	Maeve Goehner	Glenbrook	2:24.83	2015

1500m

Junior	Will Haydon	Blaxland East	5:09.57	2017	Sophie Shultz	Excelsior	5:26.19	2017
11 Years	Josaia Delana	Kings Langley	5:11.86	2017	Grace Button	Regentville	5:34.25	2019
Senior	Will Haydon	Blaxland East	4:47.66	2019	Sophie Shultz	Excelsior	5:22.65	2019

4 x 100 METRES RELAY

Junior	Carlingford West Public School		57.1	1980	Tregear Public School		57.4	1975
Senior	Caddies Creek Public School		53.47	2016	Ringrose Public School		54.6	1975
Small Sch.	Kurrajong North Public School		1:02.63	1993				

HIGH JUMP

Junior	Irayne Omoregbee	St Marys South	1.50m	1993	Kim Mulheron	Werrington	1.42m	1991
11 Years	Sam Hing	Guildford	1.55m	1998	Audrey Nadaya-Harb	Toongabbie	1.48m	2017
12/13 Yrs	Joseph Suaalii	Regentville	1.61m	2015	Kim Mulheron	Werrington	1.57m	1993

LONG JUMP

Junior	Nicholas Bennett	Northmead	4.77m	1992	D. Venzlauskas	Blackett	4.59m	1982
11 Years	Sam Hing	Guildford	4.94m	1998	Danya Kerr	Jasper Road	4.66m	1989
					Fornetina Kelemete	Eastern Creek	4.66m	2003
12/13 Yrs	J. Howell	Carlingford West	5.40m	1982	Kim Mulheron	Werrington	4.96m	1993

SHOT PUT

Junior	Steve Novkovic	Jasper Road	12.57m	1991	Dani Samuels	Merrylands	10.16m	1998	
11 Years	Muhumuza Guma	Shelley	13.21m	2015	Jessica Cameron	Matthew Pearce	12.20m	2002	
12/13 Yrs									
	2.72kg	Andrew McIlwaine	Wentworthville	13.25m	1985	Taylah Sengul	James Erskine	11.26m	2007
		Brendan Howell	Springwood	13.25m	1985				
	3.00kg	Patrick Spence	Northmead	13.88m	2016	Ashleigh Lumsden	St Clair	10.28m	2004

DISCUS

Junior	Christopher Bassett	Murray Farm	38.2m	1999	Monalisa Soliola	Lidcombe	34.02m	2014
11 Years	Siotame Hansen	Banks	37.46m	2015	Sally Shokry	Castle Hill	35.99m	2013
12/13 Yrs	Tepai Moeroa	Emerton	39.20m	2007	Taylah Sengul	James Erskine	40.45m	2007